

**MIDDLE ATLANTIC SWIMMING SILVER CHAMPIONSHIPS
MARCH 24TH-26TH, 2016**

MEET HOST	DIPLOMAT SWIM CLUB, LANCASTER AQUATIC CLUB AND FRANKLIN & MARSHALL COLLEGE		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 1654 B <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	WYNTER BLEDSOE	E-MAIL: wynterab@yahoo.com	PHONE: 717-475-7428
LOCATION	Pool name KUNKEL AQUATIC CENTER, FRANKLIN & MARSHALL COLLEGE Street address 929 HARRISBURG AVE. City, state and zip LANCASTER, PA 17603 Day of meet ONLY emergency phone 717-291-3897		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 16 lanes for competition, a Colorado System 6 timing system with a 16 line scoreboard and Wave Eater lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 400 and spectator seating for 500. Parking - 700 Spots Hospitality - Yes Snack bar - Yes		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 9 feet or 6 feet and at the turn end is 9 feet or 6 feet .		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	IMMEDIATELY		
ENTRY DEADLINE	MARCH 14 TH , 2016 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00		Relay Events: \$10.00
ENTRY LIMITS	5 Individual events per day for 10 & under swimmers. 3 Individual events per day for 11 & over swimmers. Individual Events per day (excluding relays).	2 Relays per day	MEET ENTRY LIMIT: 11 for 10 & unders; 8 for 11 & overs (not including relays)
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be accepted at this meet.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded last, beginning in Heat 1. NT entries <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be accepted. Entries must be submitted electronically in a format compatible with Hy-Tek Meet Manager meet management software. All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by March 17th, 2016. Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	BEN DELIA	PHONE #: 717-291-3897 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	BDELIA@FANDM.EDU		
MAIL CHECKS/ REPORTS	BEN DELIA, 415 HARRISBURG AVE., LANCASTER, PA 17603		
CHECKS PAYABLE TO	FRANKLIN & MARSHALL COLLEGE		
SAFETY DIRECTOR	ARY JACOME	E-MAIL: ariatnaramirez@comcast.net	PHONE: 302-388-5985
OFFICIALS CONTACT	THOMAS EICKELBERG	E-MAIL: teickelb@fandm.edu	PHONE: 717-358-4526

Session 1Thursday, March 24th, 2016

Warm-Up: 3:30 PM, Meet Start: 4:45 PM

Swimmers will be responsible for their own timer and counter for all events

GIRLS	EVENT	BOYS
1	11-12 500 Freestyle	2
3	13 & Over 500 Freestyle	4
5	10 & Under 500 Freestyle	6
7	11-12 400 Individual Medley	8
9	13 & Over 400 Individual Medley	10

Session 2 & 3Friday, March 25th, 2016

Warm-Up: 7:30 AM, Meet Start: 8:30 AM

GIRLS	EVENT	BOYS
11	11-12 200 Medley Relay	12
13	13-14 200 Medley Relay	14
15	15 & Over 200 Medley Relay	16
17	11-12 200 Freestyle	18
19	13-14 200 Freestyle	20
21	15 & Over 100 Freestyle	22
23	11-12 100 Breaststroke	24
25	13-14 100 Breaststroke	26
27	15 & Over 200 Breaststroke	28
29	11-12 100 Butterfly	30
31	13-14 100 Butterfly	32
33	15 & Over 200 Butterfly	34
35	11-12 200 Backstroke	36
37	13-14 200 Backstroke	38
39	11-12 100 Freestyle	40
41	15 & Over 100 Backstroke	42
43	11-12 50 Backstroke	44
45	13-14 100 Freestyle	46
47	15 & Over 200 Freestyle	48
49	11-12 200 Individual Medley	50

Session 4 & 5Friday, March 25th, 2016

Warm-Up: 12:45 PM, Meet Start: 1:30 PM

GIRLS	EVENT	BOYS
51	10 & Under 200 Medley Relay	52
53	10 & Under 100 Freestyle	54
55	10 & Under 50 Breaststroke	56
57	10 & Under 100 Backstroke	58
59	10 & Under 50 Butterfly	60
61	10 & Under 200 Individual Medley	62

Session 6
 Friday, March 25th, 2016
 11 & Over Finals
 Warm-Up: 4:30 PM, Meet Start: 5:30 PM

GIRLS	EVENT	BOYS
17	11-12 200 Freestyle	18
19	13-14 200 Freestyle	20
21	15 & Over 100 Freestyle	22
23	11-12 100 Breaststroke	24
25	13-14 100 Breaststroke	26
27	15 & Over 200 Breaststroke	28
29	11-12 100 Butterfly	30
31	13-14 100 Butterfly	32
33	15 & Over 200 Butterfly	34
35	11-12 200 Backstroke	36
37	13-14 200 Backstroke	38
39	11-12 100 Freestyle	40
41	15 & Over 100 Backstroke	42
43	11-12 50 Backstroke	44
45	13-14 100 Freestyle	46
47	15 & Over 200 Freestyle	48
49	11-12 200 Individual Medley	50

Session 7 & 8
 Saturday, March 26th, 2016
 Warm-Up: 7:30 AM, Meet Start: 8:30 AM

GIRLS	EVENT	BOYS
63	11-12 200 Free Relay	64
65	13-14 200 Free Relay	66
67	15 & Over 200 Free Relay	68
69	11-12 200 Breaststroke	70
71	13-14 200 Breaststroke	72
73	15 & Over 50 Freestyle	74
75	11-12 50 Breaststroke	76
77	13-14 50 Freestyle	78
79	15 & Over 100 Breaststroke	80
81	11-12 50 Freestyle	82
83	13-14 100 Backstroke	84
85	15 & Over 200 Backstroke	86
87	11-12 100 Backstroke	88
89	13-14 200 Butterfly	90
91	15 & Over 100 Butterfly	92
93	11-12 200 Butterfly	94
95	11-12 50 Butterfly	96
97	13-14 200 Individual Medley	98
99	15 & Over 200 Individual Medley	100
101	11-12 100 Individual Medley	102

Session 9 & 10
 Saturday, March 26th, 2016
 Warm-Up: 12:45 PM, Meet Start: 1:30 PM

GIRLS	EVENT	BOYS
103	10 & Under 200 Free Relay	104
105	10 & Under 50 Freestyle	106
107	10 & Under 100 Breaststroke	108
109	10 & Under 50 Backstroke	110
111	10 & Under 100 Butterfly	112
113	10 & Under 100 Individual Medley	114
115	10 & Under 200 Freestyle	116

Session 11
 Saturday, March 26th, 2016
 Warm-Up: 4:30 PM, Meet Start: 5:30 PM

GIRLS	EVENT	BOYS
69	11-12 200 Breaststroke	70
71	13-14 200 Breaststroke	72
73	15 & Over 50 Freestyle	74
75	11-12 50 Breaststroke	76
77	13-14 50 Freestyle	78
79	15 & Over 100 Breaststroke	80
81	11-12 50 Freestyle	82
83	13-14 100 Backstroke	84
85	15 & Over 200 Backstroke	86
87	11-12 100 Backstroke	88
89	13-14 200 Butterfly	90
91	15 & Over 200 Butterfly	92
93	11-12 200 Butterfly	94
95	11-12 50 Butterfly	96
97	13-14 200 Individual Medley	98

DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Entry Coordinator before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input checked="" type="checkbox"/> is <input type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre-seeded with the exception of the event(s) noted below. The 500 Freestyle and 400 IM will require positive check-in in order to be seeded.
AWARDS	Awards will be presented to the top-16 finishers in the 10 & under and 11-12 age groups. Awards will be presented to the top-8 finishers in the 13-14 and 15-19 age groups.
SCORING	There will be no team scoring at this meet.
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input type="checkbox"/> session <input checked="" type="checkbox"/> entire meet. Meet mobile <input type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$5 per person, per session. Full meet programs will be on sale for \$10, and will include both prelims and finals heat sheets. Children under 10 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	

SESSION	WARM-UP TIMES	MEET STARTS
1: Thursday Evening	3:30 PM	4:45 PM
2 & 3: Friday 11&O Prelims	7:30 AM	8:30 AM
4 & 5: Friday 10&U Prelims	12:45 PM	1:30 PM
6: Friday 11&O Finals	4:30 PM	5:30 PM
WARM-UP INFORMATION	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules	
DECK PRIVILEGES	Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.	
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.	
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure	
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.	
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.	
RULES:	This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.	

	<p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DECK CHANGING	Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
DIRECTIONS	GPS Address: 929 Harrisburg Avenue, Lancaster, PA 17603. Swimmer drop-off and entry will be in the parking lot whose entrance is at the intersection of Harrisburg Ave. and Race Ave.
ACCOMODATIONS	Please visit the following website for convenient hotel accomodations: http://www.campustravel.com/university/fandm/index.html